# CampusKidz<sup>®</sup> NEW YEAR Newsletter



Dr. S.K. Rathor Founder & Chairman Sanfort Group of Schools



Sumit Taxali CEO Maple Bear Canadian Preschool



Ajay Gupta CEO Bachpan Play School



Dr. Ajay Sharma Chairman St. Joseph's Group of Schools, Kota







## **Most preferred Preschool Management ERP**

**CampusKidz** ERP for Preschools is designed by Entab Infotech, India's No 1 School ERP provider with over 20 years of experience and trusted by 1500+ schools in India and abroad.

## CampusKidz Web Portal covers the following:



**CampusKidz**<sup>(R)</sup> are the registered trademarks of Entab Infotech Pvt. Ltd., New Delhi. **Disclaimer:** Entab reserves all rights to revise the product, services, features and the model of sale, among others, from time to time, without any prior notice.

# From Team Entab



Himanshu Singh Rialch Creative Head



Ashmita Tamta Editor

## **PUBLIC RELATIONS**

Rajiv Bahl Sourajit Moitra

ART & DESIGN Yash Jain Animesh Malik

## SUPPORT

Dini Augustine Animesh Chandra R. Rashmi

#### Dear Reader,

#### Greetings!

We are pleased to tell you that our initiative of publishing this newsletter has taken off incredibly well. The feedback on the quality, relevance, and presentation of the periodical has been quite overwhelming. Our heartfelt gratitude to all for your continued support and patronage.

Raising kids has certainly become more challenging in this new millennium. Over the two decades, Entab has worked with more than 1,500 schools to help them improve their productivity, efficiency, and reputation. We have observed that several schools still follow an archaic, exam-centric education system, focused on rote learning. Our mission is to transform good schools into the best schools. With the CampusCare Newsletter, we seek to empower educators with the right knowledge and tools, enhancing the quality of education.

At Entab, we believe that the purpose of education is to nurture and develop the uniqueness of every child and preparing them for jobs of the future. From helicopter parenting to population education, we bring you diverse, insightful articles penned by accomplished educators and school heads of India's leading schools. We express our gratitude to all the dignitaries for sharing their wealth of knowledge, best practices, and expertise with our readership of 1.5 million. They have been extremely supportive and have worked closely with our editorial team to produce this multi-faceted newsletter.

In this issue, you will find 21st-century pedagogy for schools and exceptional ways to accommodate special children into a regular classroom. We have meticulously and consciously incorporated intriguing, high-quality content that K-12 educators around the globe can adopt and use in their school settings. Moreover, there is an emphasis on the newfangled, modern pedagogical approaches for engaging students and enhancing cognition, confidence, knowledge, and other vital life skills.

We place on record sincere appreciation to the entire editorial team for their diligence and zeal in producing this compelling ready reckoner. We are confident that this instalment of CampusCare Newsletter will be useful for all the stakeholders in school education and will enable them to raise the little ones into responsible global citizens.

Best wishes, Team Entab

# CONTENT

O5 Helicopter Parenting: Helping or Hovering?

> **Dr. S.K. Rathor** Founder & Chairman Sanfort Group of Schools





07 10 Vital Life Skills for Preschoolers

> **Ajay Gupta** CEO Bachpan Play School

09 Five Reasons to Read News to Kindergartners

**Kusum Kanwar** Director Principal Kangaroo Kids, Mumbai.





Selecting a Good Pre-school

**Dr. Ajay Sharma** Chairman St. Joseph's Group of Schools

- 13 Why Early Childhood Education Matters
  - **Saarah Kausar** Founder & Director Shine Kids Academy, Chennai





Social Development in Preschools

**Asha Rajput** Principal Silverdale Preschool, Delhi

17 Early Childhood Education in Preschools

> **Manjula Rani** Director Extramile Preschool, Hyderabad



**Mr. Sumit Taxali** CEO Maple Bear South Asia





Early Learning with Welcome & Warmth

**Riddhi Doshi Patel** Child Psychologist National Awardee & TEDx Speaker





Sanfort Group of Schools



# Helicopter Parenting: Helping or Hovering?



one are the days when children played outside until sunset and came home with muddy clothes and bruises. Today, we live in an era where playing is *'unhygienic*" and getting a scratch on the hand is scary. The definition of play for a 3-year-old has changed to sitting on a couch scrolling through the app store for new gaming apps as parents fear to send them outside.

What has gone wrong down the lane? Is it our parenting style? And to no surprise, the answer to that question is **YES**. According to recent research, **75% of the Indian parents** are knowingly or unknowingly adopting *"Helicopter Parenting"* as their parenting style.

#### What is helicopter parenting?



It is a highly overprotective and over-controlling parenting style. A helicopter parent, just like a helicopter, hovers closely over their child and is rarely out of reach.

As a parent, it is natural to have those mama bear instincts as soon as we sense our child is in danger. Protecting the child from any possible danger and taking complete control over their life hamper the child's overall development. Parents should not constantly shadow their child and should not dictate to them what to do, what not to do, and how to do.

#### Causes of helicopter parenting



Helicopter parenting has various facets that impact the physical, psychological and social well-being of adolescents and emerging adults. To ensure their child's

well-being and success parents consciously or unconsciously become over-involved in their child's life and tend to take all the decisions on their behalf.

They often do not consider their child an independent individual and treat them as a part of their being, which adversely impacts the development of the adolescent.



Parents see their own reflection in their children and at times, try to fulfil their lost dreams and ambitions through their children, regardless of what their child desires to achieve. They try to ensure their child's academic success to maintain their social standing.



#### Negative impact of helicopter parenting

#### Lack of Independence

Children find it difficult to do a task independently (e.g., eating food, holding a glass) as they are entirely dependent on their parents.

#### Inability to cope with life's challenges

Lack of autonomy in early years has long-term effects on a child's coping skills. It is commonly seen that kids of helicopter parents find it challenging to cope with life situations like success or failure.

#### Impact on physical well-being

Helicopter parents restrict their child from outdoor play as they feel the environment is not safe or the child may get hurt, which in turn hampers a child's physical growth.

#### Lack of confidence

Children of helicopter parents are not confident about the abilities they possess as they are rarely allowed to explore them. Due to low self-confidence, children might also lack communication skills.

#### Anxiety

Children growing up in an overprotective environment, generally, experience uneasiness, nervousness, and uncertainty as they lack confidence.

#### How to stop being a helicopter parent?

• **Gift them independence:** Sit down with a cup of tea and analyse all the basic activities your child is unable to do independently. Help them become more self-reliant like letting them eat on their own even if it means spilling the food all over the table.

• Let them take risks: We all grow up falling, getting hurt, and standing back on our feet again, so stop fearing and let the children grow naturally. Allow them to go outside and have a muddy and grassy play with their friends. Don't panic if they get a little hurt. In fact, tell them to get up and dust themselves off.

• Let your child struggle: Allow the child to face their own challenges and let them experience both the happiness of success and the disappointment of failure.

• **Give them responsibility:** Early years are perfect for teaching children to work independently and develop the skills they will need later in life. Start giving your child small responsibilities like arranging their toys after playing, cleaning their face after eating, etc.

All in all, parents should never impose their dreams and ambitions on their children. They should treat the child as an individual and should involve them in every decision-making, whether it is selecting a school or clothes.





**Bachpan Play School** 





he seeds of how an individual will lead their upcoming life are hidden in the secret of what was sown in their formative years. A child must be taught how to lead a positive life that is wholesome for an individual and brightens the lives of people surrounding them.

Children should be taught these skills at a very early stage which will make them informed individuals capable of leading lives full of possibilities. Thus, a child's energy must be channelised and synergised in a place where they can reap maximum results.

Life skills are closely associated with the development. They help

your child succeed in different aspects of life—school, relationships, and home. Children can learn these skills beginning in early childhood.

Parents cannot prepare children for everything they will face in the future. No parent can do that. Therefore, life skill development must be inculcated in a child so that they are confident in their choices. Many life skills are learnt during various stages of life. There is a different set of life skills for kids which are essential to be taught during early education years. This article covers essential life skills your child should know as well as ways to inculcate them.



#### Top 10 Essential Life Skills for Preschoolers

## Respect for self

A little child does not know the importance of self-respect, nor do they know its exact meaning. It would be best if you tell them not to let someone



overpower them or say demeaning words to them in any situation.



Along with self-respect, respect for others is also crucial. A child must be taught to respect others' decisions and freedom of speech. Encourage them to lend an ear and analyse the situation.





A famous proverb 'A stitch in time saves nine' should be taught in a way a child knows the significance of doing everything and being everywhere on time.





Cleanliness of your own body and the surroundings is imperative. The meaning of keeping the vicinity clean and tidy should be inculcated so that the child

learns how to manage and keep safe their things at a designated place.

## 5 Faith in God

Even if you think that you do not want to teach your child that God exists, you at least have to tell them that every good or bad they do in being watched. This instils





Being positive about leading one's life is critical. Adults get depressed very easily, owing to tough situations. Always let your kid know that if they learn to keep happy



and satisfied in every situation, they shall find new avenues coming up now and then.

## Self-belief

It is crucial that the child learns to be confident and believes in whatever they do. They should never be criticized. They should be taught how could they be correct instead of to what extent they are wrong.



& Language and Conduct

Language signifies the character of a person. A child should be groomed so that they conduct them gracefully and refrain from using any foul or rude language.



### Mannerism

Body language and mannerisms are vital life skills for kids. Respecting elders, eating habits, table manners are some critical skills.



## Prioritizing things

Children should be taught the meaning of urgency and the tasks that can be postponed. They should understand that an individual cannot take care of all the



responsibilities by themselves. They should know how to seek help and manage things.

We might not use a heavy word like life skills as these little ones are too small to understand the real meaning and intention behind them. Let's call these skills 'good habits' instead so that children develop them and lead positive lives.





Kangaroo Kids, Mumbai



Director Principal

## Five Reasons to Read News to Kindergartners



S o, here's some good news! We introduced 'News Hour', a dedicated newspaper reading session, at our preschool, from nursery onwards. It has been an early morning ritual after the assembly, where young ones form circles and read from their newspaper (news published for children – student edition). Many people, including educationists, have since asked us why we have decided to do so, how we go about it, and whether we have indeed observed any benefits. The answer to the last past is a resounding YES!

Reading news should be an integral part of our curriculum in senior KG and being convinced of its benefits; we decided to initiate it from nursery onwards. While senior kindergartners manage to read from their copies, junior kindergartners are told the major news concerning education and the environment. Nursery students point to words that they are aware of, and the teacher discusses environmental issues with them. Parents have welcomed the initiative and have been active collaborators in reading the copy and discussing it with their children at home.

Undoubtedly, newspaper reading at an early age has significant payoffs. Start with a short-term subscription. You will be surprised to see children being so involved in the world surrounding them. Let's look at the key benefits of news reading for preschoolers.



Not only are children made aware of happenings and events around the world, thereby increasing their general knowledge, but they are also made to reinforce concepts through activities with the newspaper. At our preschool, children are made to cut out large letters of the alphabet, find differences in images, name monuments, places and familiar personalities. We firmly believe that reading News should be an integral part of the preschool curriculum.



## Forging Identity and Communication

Through age-appropriate news, children learn to form opinions which also helps them encounter their identity and importantly, communicate it uninhibitedly. We continue to be surprised by their perception levels and their acute insight into some burning issues. These lessons remain with them, and they take it forward in their everyday interactions with family, peers and others.

# Why is it important for kids to read news?

## It helps you form an opinion

Reading the news helps you figure out how you feel about issues and understand why people have different thoughts and opinions. This will make you a more mature thinker.

## 3) Community

2

For a preschooler, life is much about 'me'. While it is essential to let that feeling flourish and aid ways for them to become independent and learn to find their voice, it is equally important to make them feel a part of the world – that they belong and that they are accountable. You can run a well-knit community and environment-driven campaigns, backed by the keenness of children.



Reading from a newspaper encourages a preschooler to tap a novel reading avenue apart from storybooks and the usual reading assignments to build vocabulary, sentence building. Picture talk is necessary, and some photos in newspapers are award-winning pieces of art which depict a thousand words. Children are open to interpreting the photo in their own way, and that also communicates a lot about them. Children also love cartoon characters and occasionally come up with their own story or characters! Of course, care must be taken to ensure that the content is age-appropriate and doesn't delve on gloomy, adverse events/happenings.



## Better listeners and readers

The most evident benefit remains remarkably improved reading and listening skills. We have observed that newspaper reading has aided in taking reading skills of children to another level altogether. Even the way newspapers are read or read to is very different from the usual reading style and parents would also do good to inculcate the habit of reading to the children. It is critical to read while also listening to the child's views patiently, taking cues from his/her interest levels and using this opportunity to communicate most engagingly.

So, grab that newspaper today and read it to your child. Keep it fun. Prepare to be surprised as they unravel the world and attempt to colour it with their hues – who knows even you may learn a thing or two!



## How to help students with newspaper reading

- Motivate students to read newspapers outside the classroom, explaining that this can help them articulate ideas more efficiently, as well as read and comprehend a whole variety of subjects.
- Bring different newspapers to accommodate your students' level and tastes. Include English-language local newspapers comprising articles and issues of specific interests and importance to students.
- You do not require a supply of print newspapers in the classroom. Since most papers have a digital version, you can print the articles you would like to shed some light on.
- Talk to students regarding the reading and comprehension of articles. Share some beneficial strategies for reading with them. For instance, how to use a dictionary? How to take notes, or jot down new vocabulary?



St. Joseph's Group of Schools, Kota



# **Selecting a Good Pre-School**

Dispositions

Learner

Language

dmission season is round the corner. Parents spend a lot of time selecting the right Pre-School for their child. With my experience of two decades, I may suggest a few key factors which can be taken into consideration while choosing the school. This may help the school leaders to have an eagle's eye view of their own school.

In my opinion, values which are imbibed during their formative years of a child play a vital role in growth and future of any society and thus the value-added education shall be an integral part of any guidance curriculum, for example, Vedas may be the guiding benchmark.

The high Happiness Quotient is a must for a school. The curriculum of the Pre-School should have developmentally appropriate activities to build your child's knowledge and boost his/her confidence. A Pre-School that practices values in daily life provides practical learning experiences that make learning fun and celebrate childhood.

Your Pre-School has to be near your home and convenient for you to visit, as you would be going there every day to pick and

drop and anyway, you need to be in close cognition with the faculties of school. Pre-Schools in the neighbourhood should be given a priority. The school should mention the

The school should mention the safety and security measures adopted by the school. CCTV vigilance, security personnel guarding the gates and interiors of the schools should be designed keeping child safety in mind and teachers and support staff should be trained to take **Child Safety Measures**.

Good Hygiene Standards should be maintained by the school, washrooms must be equipped with child friendly toilet, washbasins, etc.

- Washing hands after playing, and before and after eating.
- Bathing (specially for day boarders).

Numeracy

- oral hygiene.
- Brushing teeth.
- Nails, hair and skincare
- Toilet hygiene.
- Sickness hygiene.
- Personal hygiene.
- Healthy food habits.
- Good sleeping habits.



The Selection of Toys and Books by the school reflects its preparedness to deliver the curriculum in the right spirit.

- The toys should be realistic and challenging like puzzles, pegboards, blocks, etc. Give children toys that enhance creativity and foster language skills in students like dress-up clothes, props and puppets, etc.
- Large and small balls which may engage the kids and help vent out their energies.
- Tricycles are the best toys that foster their gross motor development.
- Legos foster creativity and imagination and skills.
- Toys made up of wood, ball jumbo crayons, chalk, and finger paints help in developing reading and writing skills. Books should be round-edged as they are easy to flip. Consider books with large pictures which are easily visible. Themes, concepts and stories should be age-appropriate and with a happy ending.



The ecosystem thus created should prompt your child to be an explorer.

Stem (Science, Technology, Engineering and Mathematics) focused pedagogy is the need of the hour and guite relevant in Pre-Schools too. Counting orally, sorting, grouping/classifica--tion and small scientific concepts will develop the scientific aptitude in the kids.

Pre-Schools which aim to develop reading and writing based on phonics will ultimately develop the lingual excellence in your child. Parents play a pivotal role in the future personality and spoken English excellence of your ward.

Last but not least, the school must include different activities in its curriculum which ensures the development of human values like

empathy, love for all, and appreciation of fairness, sharing and caring and thanksgiving as part and parcel of their personality.



## How to choose a Pre-School That's a right fit ?

## Safety and Security







Teachers Interaction

**CCTV** Covered

School Counselor

## **Classroom Environment**



Interactive

Well Equipped

## Latest Tools



Audio Visual Learning Experience



**Technologies** 



Shine Kids Academy, Chennai



Saarah Kausar Founder and Director



## Why Early Childhood Education Matters

Did you know nearly 90% of brain growth occurs before kindergarten? The human brain develops most rapidly between birth and age 5, making preschool years crucial for a child. These early years are the best time to help their brain develop the connections they need to be strong, competent grown-ups. Hence, early childhood education is the key to the betterment of society.

Early childhood care and education (ECCE) is more than preparation for primary school. It aims at the holistic development of a child's social, emotional, cognitive and physical needs in order to build a solid and broad foundation for lifelong learning and wellbeing.

Preschool provides an environment for children to explore, gain a sense of self, play with peers and build self-confidence. Children learn they can accomplish tasks and make decisions without the help of their parents.

### Benefits of preschool

**Early learning:** There are many well-known advantages of early childhood education, including instilling a passion for learning.

**Teachers:** Teachers tend to have training in early childhood education or montessori trained.

**Social interaction:** Your child will have lots of opportunities to interact with kids of different ages. This can help them learn, grow, and mature.

Activities: Your child will be exposed to a wide range of activities, including art, music, dance and sports.

**Easier transitions:** Exposure to a regular routine early on makes for a smoother transition to formal schooling later on.



Structure: A regular routine can help children flourish.

- **Elementary admissions:** Preschools can help your child gain admission to elementary programs. Many elementary schools look favourably on preschool educated
- **Safety:** Most preschools are a safe and highly supervised place of learning.
- **Regulation:** Preschools need to be licensed and regulated by the Government.

Early learning is a unique advantage of preschool. In the right program, your child will learn plenty of academic and preacademic skills. This can give them a leg up when they start school. In most preschools, your child will learn a wide range of cognitive, social, and language skills. Below are the main ones :



### **Skills learnt**



#### Cognitive and academic:

- Literacy: Reading and writing
- Numeracy: The numbers and some basic math, such as addition
- Science: Animals, nature, body parts, and more
- **Learning through play and discovery:** Observing, navigating, and describing the environment
- Miscellaneous: The seasons, telling the names of fruits and Vegetables, health and hygiene, and more

#### Social and emotional:

- Cooperation
- Independence and self-reliance
- Manners and etiquette
   Resolving conflict

#### Language and literacy:

•	Vocabulary and identification	• Communication	through
	of objects	sentences	
٠	Writing	<ul> <li>Reading</li> </ul>	

One of the most important benefits of preschool is that it teaches kids how to socialize. More specifically, children learn how to show respect—to adults, other children, and their environment. They also learn how to take turns, cooperate and share with others, as well as problem-solving and compose themselves during stressful situations. Preschool also teaches children important lessons in independence. In addition to preparing children for the separation from mom and dad during kindergarten, preschool offers a safe, fun, and exploratory space for children to develop their self-confidence and sense of self.

The main benefit of preschool is that children gain a solid foundation before beginning their academic career. They are able to socialize with peers and build friendships. They learn basic academic building blocks such as letter names and sounds, numbers, how to hold a book, and sight words. Children learn to be more independent and learn how to solve problems independently.

According to a survey, children who attend preschool do better in kindergarten than those who stay at home with their parents or relatives. Last but not least, preschool education should be a mandatory education which enhances the child fully and makes a child self-confident. It has the possibility to nurture the child into a caring, capable and responsible future citizen.

## The Importance of early CHILDHOOD EDUCATION



Infancy & Early Childhood are important stages in Brain Development

0-6 years Children develop necessary skills for physical, cognitive & social development





Early education plays a crucial role during this development period

Early childhood education makes a positive impact & gives the child a head start towards a bright future





Silverdale Preschool, Delhi





# Social Development in Preschools

ids are innocent, they don't understand many things and hence, are usually dependent on their parents for everything. But with time, they start learning things and become less dependent on their parents. With age, kids begin developing a sense of identity, which becomes stronger with time. When kids grow older, they start interacting with others of their age. They start exhibiting a series of behavioural patterns that point when they attain maturity with age. These are social developments that occur chronologically with a kid. Observations reveal that social developments are more pronounced with the kids as they visit preschools. Parents opt for *social development in preschools* as it helps kid to mature with time.



## Social Development in Preschools

Kids spend most of their time doing fantasy activities. At preschool, kids play with their friends and assign roles to each other, make game plans besides role-playing. Such types of fun activities help the kids to develop key social skills like paying attention, taking turns, communicating as well as responding to one another's actions. The games the kids play at preschool help them to explore various complex social notions. When a girl role-plays at preschool, then she starts to discover her sexuality, the girl begins maturing to a lady. While playing preschool games, the boys take up the role of a father, and the girls choose a mother's part. They try to do the role-playing based on what they have experienced in their



respective households. This is suggestive of the fact that social development in preschools happens.

Research shows that few of the behavioural or developmental differences between boys and girls are determined biologically. Observations suggest that boys tend to be more aggressive, while girls tend to be more verbal. Family & cultural influences shape most gender-related attributes of boys/girls at this age. During the early years at the preschool, kids, both boys and girls start developing their own identity. During such times, changes may occur in attitudes and behaviours of the kids. However, there is no reason to discourage such changes. If the child is strongly rejecting or resisting established cultural standards, then it is essential to teach them the right things, help them understand what is wrong and what is right. All these are kid's social development in preschools, and they are crucial for the kid's overall development and growth.

## Benefits of Studying in a Preschool

The above discussion highlights that preschools help a kid to grow up, and they assist a kid in getting admissions to good schools and in the long run, compete with students visiting the school. A kid's studying in a preschool has several benefits. Here are some significant benefits of studying in a preschool:

## Preschools create an environment for the kids where the kids can interact freely with other kids of their age.



At this level, kids, both boys and girls, from different families, study. The teachers at the preschool level monitor these kids. Teachers teach them through various activities the art of interacting with others, communicating

freely with other kids of the same age.

### Preschools help kids to understand how to interact with the teachers.



The school life is long, and it has multiple steps. Preschool life helps them understand how to deal with the teachers in schools. Kids who have visited the preschool are responsible; they are more learned

compared to those kids who have not visited the preschools. Preschoolers show manners while communicating with the teachers of the schools.

## Preschools assist in various social developments of a kid.



Social development in preschools happens. Kids who have studied at the preschool are more responsible; they have moral values, know mannerism. Preschool life teaches the kids valuable lessons of life through fun-filled activities. Overall, preschool life assists a kid in various social developments.

## Preschools help a kid to mature, and boys understand their responsibility while girls realize their sexuality.



Preschool life teaches kids many things through games. It teaches students to become more responsible, to be less selfish, and to become more mature in life. To a great extent, preschool life helps a kid to

build his or her personality.

## Preschools lay down the foundation for a person's school life.



The education that a kid acquires at the Preschool level becomes his or her base at the school level. That education becomes the foundation for a person's school life. Observations suggest that if the schooling

for a kid is of good quality then at the elementary school level, the kid starts scoring good marks quite easily.

This article highlights the importance of *social development* in Preschools. Trainers at the preschool adopt modern training procedures to impart good training to the kids.

## **4 THINGS A CHILD SHOULD KNOW BEFORE PRESCHOOL**

Self-Help Skills	Children should have a good grasp on basic self-help skills, such as dressing themselves and organizational skills.
Social Skills	Before starting preschool, kids should know proper manner like saying "please" & "thank you" when appropriate. It's also important they know how to share & control emotions.
Restroom Etiquette	Basic bathroom etiquette such as using toilet, washing hands, identifying the right bathroom, and closing the door for privacy are all important for kids to know.
Reading and Writing	Prior to preschool, a child should have basic number and letter recognitionskills, in addition to knowing colors, shapes and how to sort objects are all vital to their future learning.



Extramile Preschool, Hyderabad



Manjula Rani Director

## Early Childhood Education in Preschools

arly childhood is the age when a child is like a soft clay ball, whatever shape we want to give we can give him, what we teach them, they will learn it fast with full efficiency.

**Early childhood education** consists of activities and experiences that are intended to effect developmental changes in children prior to their entry into elementary school. It is a term that refers to educational programs and strategies geared toward children from birth to the age of eight.

**Early childhood care and education (ECCE)** is more than preparation for primary school. It aims at the holistic development of a child's social, emotional, cognitive and physical needs in order to build a solid and broad foundation for lifelong learning and wellbeing. Early childhood education often focuses on guiding children to learn through play. The term commonly refers to preschool or infant/child care programs.

Early childhood education shapes up the personality. Learning is the modification of behaviour for the attainment of specific goals. It is a process by which an individual, as a result of interaction in a situation, acquires a new mode of behaviour, which tends to persist and affect the general behaviour pattern of an individual. Early childhood education focuses on early childhood learning, which depends on:

- Thinking and learning
- Behaviour and learning
- Development and learning •
- Early childhood

## Principle modes of learning

Learning through imitation Learning through conditioned response Learning through trial and error Learning through insight

Early childhood education in a preschool is crucial. A preschool is a place where children can gain confidence, explore, and play with friends. Preschool can make your job as a parent easier, helping your child to learn how to find answers to their questions through exploration, experimentation, and conversation with teachers and peers.



Preschoolers learn best when they interact with their peers, receive kind treatment from their parents and educators, and don't feel pressured to learn. Children who attend preschool do better in kindergarten than those who don't, study says. Children who attend preschool do better in kindergarten than those who stay at home with their parents or relatives, according to a national report. They demonstrate:

- Improved social skills.
- Longer attention spans.
- Better performance in grade school.
- Enthusiasm for lifelong
- learning.

Moreover, studies have shown that early childhood education preschool programs increase the likelihood of children graduating from high school with fewer behaviourial issues, attending college, and becoming responsible young adults. Preschoolers should be taught to rationalize situations and to think critically. Start with the fundamental knowledge of the world they live in, and conclude with deeper subjects like science, religion, and virtues. Students have a much higher attendance rate when parents understand the significance of ECE. ECE provides children with the opportunity to form trusting relationships with teachers and social relationships with people surrounding them.

# Preschool is an opportunity for growth

- Preschool prepares children for kindergarten.
- Preschool promotes social and emotional development.
- The preschool environment is structured, although it may not appear that way.
- Children get to make choices.
- Children learn to take care of themselves and others.
- Preschool promotes language and cognitive skills.
- Preschool teachers nurture a child's curiosity.
- Preschool activities boost pre-math and literacy skills.
- Preschool helps develop motor skills.

Early childhood education is essential from 0 to 6 years. During this period, a child goes through the most rapid phase of growth and development. Their brains develop faster than at any other point in their lives. The foundations for their social skills, selfesteem, perception of the world and moral outlook are established during these years, along with the development of cognitive abilities. Therefore, these years are critical.

## **Phases of Early Childhood Development**

During the early years, children go through critical phases of development & high quality education can have beneficial effects on the overall development of children.

During the first 3 years a child's brain develops 700 Neural connections/sec

> Cognitive development programmes enable children to develop specific cognitive skills

Language Development leads to more advanced language skills

 Social and emotional development fosters confidence & competency

90% of a child's brain development happens before



National Awardee & TEDx Speaker





Early Learning with Welcome & Warmth he academic session is almost halfway through. The first term exams are scheduled, papers are being set, practice worksheets are being given out, revisions are being done.

What comes to your mind when you read these? Almost everyone would have the visuals of panicking students and stressed parents. However, this is the story of the school principals and educators across the globe.

A lot goes into the smooth functioning of a school. It is limited to finalising not just the curriculum, but also the books, the co-curricular activities, the functions, the inter-school competitions and the list goes on. Add to that the interactions with parents and you have nothing less than chaos, specifically so in the lower pre-primary grades. The kids are young, innocent, unaware, not used to this environment and more.







Make the first day at school memorable for children. Make it welcoming. Have a small celebration of sorts as the tiny tots enter the school building or the classroom. Fill the classroom with colourful graffiti, stuffed animals, toys, picture books and everything else you need to make a positive first impression.

## ENCOURAGING



Preschoolers are in the process of developing their motor skills. They are hyper and are bundles of energy. Do not suppress them; let them be free. Avoid a structured seating arrangement. Initially, let them have the freedom to sit or lie down wherever they please. Put up some blank drawing sheets or blackboard stickers around the room and let them draw at will. Let them express themselves. This freedom will win them over, and they will willingly go to school.





Most kindergartners have never been away from their parents. The fact that they will have to sit with other children in a room without their parents is terrifying for them. They get anxious and emotional. Some even suffer from anxiety and separation issues. Hence, it is essential to reassure them. Let parents sit with the child in the class for a day or two, then just outside the class for a day and then slowly phase it out. Of course, some kids might still throw tantrums. In that case, explain to the child tenderly that their parent is sitting in the lobby of the school and will come when called. Do this gently and with love.





According to 3- and 4-year-olds, a school is full of authoritarian teachers and a formidable principal. Remove that notion. Let the child see teachers and the principal as wonderfully welcoming and warm people. Let there be regular lively interactions between the students, the class teachers, and the principal. At school, children should always feel safe and welcomed.



Maple Bear South Asia



Sumit Taxali CEO



very child is born with immense potential. Yet, only a few grow up to lead truly successful lives, be it in terms of personal self-fulfilment or professional growth. The question is, what does it take to make the cut? Research indicates that high-quality early childhood education is an extraordinarily powerful means to promote continued success in school, in the workplace, and also in social and civic realms.

**Crucial Early Years** 

Findings show that children who attend high-quality preschools enter formal schools with better pre-reading skills, richer vocabularies, and stronger basic math skills than those who do not. Preschool provides a foundation for learning, both socially and academically. It teaches children to find answers through exploration, experimentation, and conversation.



The years from birth to age 5 are viewed as a critical period for developing the foundations for thinking, behaving, and emotional wellbeing. It is during these years that children develop

linguistic, cognitive, social, emotional, and regulatory skills that predict their later functioning in many domains.



## **Role of Educators**

The World Economic Forum has identified critical thinking, complex problemsolving, creativity and collaboration, as some essential skills for future generations. Now that we



have established the significance of early years in determining future success, it is crucial for educators to impart these skills to children—the sooner, the better!



Early childhood educators play a significant role in the field of education. Teachers play an extraordinary part in the formative years of children's development, and the importance of teachers is something that cannot be understated. They involve themselves in moulding their students into responsible citizens of their country and the world.

As some of the most influential role models for developing students, teachers are responsible for more than just academic enrichment. They can affect virtually every aspect of their students' lives, teaching them the important life lessons that will help them succeed.

Good educators challenge students to comprehend, reason, reflect and apply. They help build students' self-regulation skills; nurture their creativity and curiosity; and foster an environment of playful learning. They encourage children to question, express and communicate and instil in them the confidence to participate without the fear of failure or the pressure to compete.





childhood education to pick

a quality preschool program that meets global standards and prepares their child for the challenges and successes of the 21st century.

The next step is working closely with their child's teachers and school to provide a seamless environment of learning in the classroom, at home and beyond.

The idea is to establish a seamless channel of communication and build a strong partnership between these two key stakeholders of the child's learning ecosystem, to offer children an engaging environment; filled with care and love; and conducive for learning.

A strong partnership between parents and educators allows children to see the most important people in their lives working together to provide them with a sense of comfort and confidence, ultimately granting them the ability to focus on learning.

# ABC

## Early Childhood Education Matters!

Last but not least, research indicates high-quality early childhood programs lead to substantial income gains each year when the children are adults. Studies also show that if children are enrolled in



these programs, the overall economy stands to gain on account of a better-skilled workforce with higher earnings. With these findings and over 16 crore children in India under 6 years of age, it is time we give quality early childhood education a serious thought!

## BENEFITS OF EARLY CHILDHOOD EDUCATION







Women's Day



Christmas



Head Office

New Year



Holi

Yoga





## **Preschool ERP & Mobile APP**





campuskidz@entab.in

www.entab.in

